



Malaysian Swiss Association
P.O. Box 2713, CH- 8021 Zurich

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# Malaysian Swiss Association Bulletin October 2005

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## MSA Program for the coming months

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- 28th Oct.: Bowling Evening
- 12th November 05: Hari Raya & Deepavali joint celebration
- 26th November 05: Qi Gong Seminar
- February 06: Chinese New Year celebration

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## MSA Hari Raya and Deepavali Joint Celebration

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This year we will be having a joint “MSA Hari Raya and Deepavali Celebration” at a special venue – Renaissance Zürich Hotel. The details are as follows:

Date: Saturday, 12th of November 2005
Times: 18:00H Doors Open
 18:30H Apero
 19:00H Dinner starts
 21:00H Music and Dancing

Venue: RENAISSANCE Hotel
 Talackerstrasse 1,
 8152 Zürich

Please note, free parking in the hotel basement car park is provided for all participants.



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Registration:

Please register soon as there are only limited places available. Registration Deadline is the **6th of November 2005.**

Cost (includes Aperero and free car parking):

- Above 12 years old: 55 Sfr. Members, 65 Sfr. Non-Members
- 6 – 12 years old : 30 Sfr.
- Below 6 years old : Free

Menu: Delicious Indian and Thai buffet !

- Asian Starter/Appetizers Buffet
 - Choice of 3 different Asian Salads
 - Spring rolls with Plum sauce
 - Samosas with sweet and sour sauce
 - Chicken Satay with Peanut sauce
 - “Kerupuk”
- Thai Buffet
 - Green Curry with Chicken
 - Red Curry with Shrimps
 - Stir fried vegetables with Oyster sauce
 - Jasmine rice
- Indian Buffet
 - Chicken Tikka (Chicken morsels marinated with hung curd, red chilli and Indian spices)
 - Amritsari Fish Fingers (Beckti fingers marinated with Indian masala, deep fried)
 - Till wali machli (Sesame crusted Beckti fingers)
 - Paneer koliwada (Batons of cottage cheese coated with spicy gram flour mixture, deep fried)
 - Tandoori sabzi (A medley of vegetables coated in tandoori masala)
 - Mashroom karvari (Curry leaf and coconut flavoured mushrooms cooked on a tawa)
 - Makais Amritsari (Batter fried baby corn)
 - Achari Aloo (Baby potatoes coated in tangy pickling masala)
 - Tandoori Phool (Cauliflower florets coated with spicy masala cooked in a tandoor)
- Dessert Buffet
 - Choice of house-made specialities

We will be having an exciting cultural / entertainment programme including the following:

- Various Traditional Asian Dances
- Acrobat show
- Groovy Dance music arranged by special MSA DJ, making his international debut -DJ Richie!

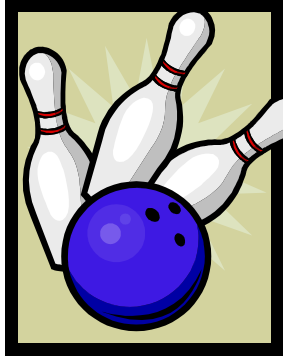
There will also be an exciting “Tombola” with attractive prizes!



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MSA Bowling Evening



MSA is pleased to invite you to our Bowling Evening:

Date: **Friday, 28th of October**

Time: **19:00 – 21:00**

Venue: **Bowling Universum**

Industriestrasse 29, CH-8305 Dietlikon.

Tel: +41 43 255 95 02 Fax +41 43 255 97 11

Parking is available at the bowling center (basement car park as well as in the surrounding area).

For more information on the bowling centre, please refer to the following website:

<http://www.bowling-universum.ch/go.htm>

	<p><u>Registration:</u> Please register by email (send email to sec@m-s-a.ch)</p> <p>or telephone John Cherukara (078-7484242)</p> <p>by the Wed. the 26th October.</p>
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Cost:

The event is completely **free for MSA members** (free bowling game and bowling shoe rental).

For **non-members**, the cost is only **10 Sfr.** (includes bowling shoe rental).

All are welcome regardless of your skill level – from complete beginners to professionals.

For those who are interested on staying on after the bowling, we will be having dinner at a nearby Mexican Restaurant followed by watching a movie (at the Pathe cinema nearby).

Don't miss this truly enjoyable and fun evening out with your fellow Malaysians and friends.





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MSA Qi Gong Seminar and Karaoke with Sifu Yaw



Venue: Asia Budo Center, Limmattalstr. 170, 8049 Zurich.
Can be easily reached by public transport.
Tram 13 or Bus 46, Tram Stop: Meierhofplatz

Date : Saturday, 26th of November 2005.

Time: 14:00 – 17:30

Objective : To learn how to breath correctly and how to activate your Qi (life energy). To invest in your health is never a wrong decision.

Cost : SFr. 40.00 . This includes the training, tea-break, club polo shirt and an Apero.

Sifu Yaw has generously agreed to pass all the contribution (ie. 40Sfr / person) from this course to MSA. So take this great opportunity to attend this course and improve your health, whilst supporting MSA.

Clothing : Comfortable sports attire.

Registration : Please register directly with Sifu Yaw
(Tel : 079-403 37 56 , email: asiabudo@econophone.ch)
There are only limited places available so please register as soon as possible.

Program :

13:30 : Doors open
14:00 – 17:30 : Qi Gong training . There will be a short tea break in between.
17:30 : Apero
18:30 : Dinner with Karaoke in Restaurant “The Raffles”,
Badenerstr. 530, 8048 Zürich.

Don't forget to bring along your good mood and cheerful spirit ☺ !